

## Social Education, Sports, Culture

## II-1 Social Education Facilities

## II-1-1 Trends in Number of Social Education Facilities by Type



The most common social education facility is public physical education and sports facilities, at 48,000. The number of such facilities has grown consistently since the survey began in 1955 . The next most common is citizens' public halls (including similar facilities) at 18,000, followed by private physical education and sports facilities $(17,000)$. The number of libraries, museums and museum-type facilities and culture halls is growing consistently.

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## II-1-2 Percentage Distribution of Museums by Type (2005)



Looking at the different types of museums, the most common is art museums (art galleries), accounting for $35.4 \%$ of the total at 400 facilities.
Historical museums also account for some two-thirds, 63.3\% of museum-type facilities, (numbering 2,700).

## II-1-3 Percentage Distribution of Physical Education Facilities by Type (2005)



Source: MEXT, Social Education Survey 2005
Playgrounds were the most common physical education facility, at $15.2 \%$ of the total (6,900 such areas). Next were gyms, at $14.6 \%$ (6,700 such areas). Meanwhile, the most common private facility was golf courses, at 13.3\% (2,300 such areas), followed by training grounds for golf at $11.6 \%$ ( 2,000 such areas).

## II-1-4 Information Technology in Social Education Facilities (2005)



Source: MEXT, Social Education Survey 2005

The type of social education facility with the greatest number of computers was museums, averaging 11.7 PCs each. The most common type of social education facility to have a website was museums, at $74.0 \%$ of all facilities.

## II-1-5 Trends in Number of Full-time Staff by Type of Facility



Sources: MEXT, Social Education Survey
METI (former MITI), Report on the Survey of Selected Service Industries

Private physical education and sports facilities employed the highest number of people, with 220,000 staff, followed by public physical education and sports facilities employing 100,000 people, and citizens' public halls (including similar facilities) employed 56,000.

## II-1-6 Trends in Number of Users of Social Education Facilities



Source: MEXT, Social Education Survey

The number of citizens' public hall (including similar facilities) and library users is increasing. Public physical education and sports facilities had the highest number of users in 2004, at 470 million people. The next most frequented facility was citizens' public halls (including similar facilities) with 230 million users.

## II-2 Physical Development and Health of Students

## II-2-1 Trends in Average Height by Age



Source: MEXT, School Health Survey

Looking at trends in average height, both boys and girls of all ages grew taller after World War II, but in recent years the increase has leveled off.

## II-2-2 Comparison of Annual Growith with Parents' Generation (Height)



Source: MEXT, School Health Survey
Looking at the annual total growth of 17 year-olds (height), the age of highest growth for boys is 11 , one year earlier than their parents' generation, while for girls the age is 9 , also one year earlier than their parents' generation.

## II-2-3 Trends in Average Weight by Age



Source: MEXT, School Health Survey

Like average height, average weight grew consistently for every age after World War II for boys and girls, and the trend has leveled off in recent years.

## II-2-4 Comparison of Annual Growth with Parents' Generation (Weight)




Looking at annual growth at 17 (weight), the year of greatest weight gain for boys was 11 , which is two years earlier than their parents' generation, while for girls the age is 10 , one year earlier than their parents' generation.

Source: MEXT, School Health Survey

## II-2-5 Trends in Rate of Students with Decayed Teeth



The rate of tooth decay is declining among students of all school types. Kindergarteners have the lowest rate of tooth decay, at $54.4 \%$. The average number of decayed teeth in the permanent teeth of 12 year olds is also declining, with the rate for boys falling to 1.6 in 2005.

## II-2-6 Trends in Rate of Students with Asthma

(\%)


Source: MEXT, School Health Survey
The asthma rate is on a rising tendency among students of all school types, and the rate for all school types rose in 2005. Elementary schools had the highest rate of asthmatics, at 3.3\%.

## II-3 Motor Fitness of Students

## II-3-1 Trends in 50m Dash



The basic motor skills of running (50m dash), throwing (softball throw, handball throw) and jumping (standing long jump), or trends in grip strength, which are comparable for their annual transition in the long term, are still at a low level for all age groups.
In particular, skills of endurance running (longdistance running) and jumping (standing long jump) continuously show a clear downward trend.

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## II-3-2 Trends in Ball Throw ((1) Sofiball throw, (2) Handball throw)



## II-3-3 Trends in Standing Long Jump



Notes: 1 Graph is smoothed using the three-point moving average method.
2 Measurements for 11 year-olds were first taken in 1998.
Source: MEXT, Physical Strength and Motor Fitness Survey

## II-3-4 Trends in Grip Strength



## II-4 Food Education

## II-4-1 School Lunch Participation Rate (as a Percentage of all Kindergarteners and Students)



Notes: 1 Full meal service: meal service consisting of bread or rice plus milk and other side dishes
Supplementary meal service: meal service, other than full meal service, consisting of milk and side dishes
Milk service: food service consisting of milk only
2 The data for lower secondary school include lower division of secondary school
Source: Survey on School Lunch Program

School lunch program participation rate varies depending on the type of school. The full meal service is provided for almost all children or students of elementary schools and special education schools. The milk service is provided in some lower secondary schools, while the supplementary meal service is provided in some evening part-time courses.

## II-4-2 Breakfast Habits of Lower and Upper Secondary School Students



[^0]While the rate of those who eat breakfast cooked at home is high in all school types, the rate of those who do not eat is high at $10.3 \%$ among upper secondary school students, compared to 2.2\% of lower secondary school students.

## OStudent Breakfast Eaters' Rate

(Answers to the question: Do you eat breakfast before going to school?)


ORelationship between Breakfast Eaters' Rate and the Results of the Written TestO (Relationship between the answers to the question and the results of the written test)
*Subjects are 3rd year lower secondary school students


Note: The points are the scores of the subject students standardized based on the ratio of questions correctly and almost correctly answered by them, with the average point and standard deviation set to 500 points and 100 points, respectively.
Source: Reported by MEXT

## ||-4-3 Trend in Rate of Obesityprone Students



Note: Obesity-prone students are those whose weight is more than $120 \%$ of the average weight by the height for each sex and age
Source: Report on School Health Survey

## II-4-4 Trends in Obesity Rate



[^1] * BMI (body mass index) is calculated by "kg in weight/ (m in height) 2 " ( 2000 Study Meeting on Obesity Diagnostic Standard, Japan Society for the Study of Obesity)
Source: Ministry of Health, Labour and Welfare, National Nutrition Survey

## II-4-5 Trends in Percentage of Students with Food Allergy <br> II-4-5 Trenas in Percentage of Studenis with Food Aliergy



Note: This is the ratio of the people who were told by the doctor that the foods (eggs and milk, etc.) are the causative substance (the allergen) of their allergies among those who were told they have allergies. Source: Japanese Society of School Health, Report on Students' Health Surveillance Project

Looking at the trends in Obesity Rate for every 10 years, the ratio is rising in every age range.
The trend in the obesity of adult men is also rising, but there is a decreasing tendency in adult women of the age range of 20-59 year olds.

Looking at the trend in percentages of students with food allergy, the percentage for boys is $7.6 \%$ and $8.1 \%$ for girls in 2004.

## OStudent Breakfast Eaters' Rate $\bigcirc$



Sources: MEXT, School Basic Survey (2003), MEXT, Social Education Survey (2002), MEXT, Survey on Juku and Related Matters (1993), etc. Note: Time of survey varies.

Trends in Sleeping Time of Students (Weekday)


OInternational Comparison of Ratio of Families with Rules


[^2]
## II-5 International Sporting Competitiveness

 Six Countries


Japan had the lowest award rate of the six countries at the past summer four consecutive Olympics, but Japan won the record number of 37 medals at the Athens Olympics in 2004,
with a winning rate of $4.0 \%$, higher than that of Korea. Japan's winning rate at the Torino Winter Olympics, however, is 0.4, and the lowest among the six countries.

Source: Reported by MEXT

II-5-2 The Olympic Medal Award Rates in Winter Olympics for Six Countries


$$
\text { Medal award rate }(\%)=\frac{\text { No. of medals won by country }}{\text { Total medal count for all events }} \times 100
$$

Source: Reported by MEXT

## II-6 Leisure and Study Activities of People

## II-6-1 Participation Rate in Volunteer Activities

(1) Comparison: 1996 and 2001

(2) Participation Rate by Type and Sex in 2001


Source: Ministry of Internal Affairs and Communications, Survey on Time Usend Leisure Activities

The percentage of people engaged in volunteer activities was 28.9\% in 2001, 3.6 points higher than in the previous survey (1996). The percentage of volunteers was higher particularly markedly in 2001 in the 10-24 age groups. Looking at the data in 2001 by the type of activity, both males and females were most frequently engaged in "local improvement activities."

## II-7 Culture and Cultural Property

## II-7-1 International Comparison of Budget of National Governments on Culture (2005)



Source: Reported by Agency for Cultural Affairs
Looking at the culture budget of the five leading countries in 2005, France spent the most, at 401.4 billion yen ( $0.96 \%$ of the national budget), followed by the UK, at 259.8 billion yen ( $0.26 \%$ ). Japan spent 101.6 billion yen ( $0.12 \%$ ) on culture.

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## II-7-2 Trends in Cultural Expenditure of Local Governments



Source: Reported by Agency for Cultural Affairs

Spending totaled 464.5 billion yen for prefectures and municipalities in 2004. Municipal art and culture expenditure accounted for over $60 \%$ of the total.

## II-7-3 Number of Cultural Properties Designated by the National

 Government
## Designation

1. National treasure/important cultural properties

|  |  | National treasure | Important cultural properties |
| :---: | :---: | :---: | :---: |
|  | Pictures | 157 | 1,952 |
|  | Sculptures | 126 | 2,615 |
|  | Crafts | 252 | 2,405 |
|  | Ancient inscriptions | 223 | 1,857 |
|  | Ancient texts | 59 | 717 |
|  | Archaeological material | 41 | 559 |
|  | Historic material | 2 | 150 |
|  | Total | 860 | 10,255 |
| Buildings |  | (257) | $(4,044)$ |
|  |  | 213 | 2,286 |
|  | Total | 1,073 | 12,541 |

Note: Number of important cultural properties includes national treasures.
2. Historic sites, places of scenic beauty and natural monuments

| Special historic sites | 60 | Historic sites | 1,552 |
| :---: | :---: | :---: | :---: |
|  |  | Special places of scenic beauty | 29 |
|  | 72 |  | Natural monuments |
| Special natural monuments | 72 | 932 |  |
| Total | 161 | Total | 2,782 |

Note: Number of historic sites, places of scenic beauty and natural monuments includes special historic sites, places of scenic beauty and natural monuments.
3. Important intangible cultural properties

|  | Recognized individuals |  | Recognized holding groups |  |
| :---: | :---: | :---: | :---: | :---: |
|  | No. of designations | No. of holders | Individuals | No. of holding groups |
| Performing arts | 38 | $56(56)$ | 11 | 11 |
| Craft techniques | 45 | $57(56)$ | 14 | 14 |
| Total | 83 | $113(112)$ | 25 | 25 |

Note: Figure in () is actual number of holders.
4. Important tangible folk cultural properties
5. Important intangible folk cultural properties

| 203 |
| :---: |
| 246 |

Source: Reported by Agency for Cultural Affairs
(As of July 1, 2006

## Selection

| 1. Important cultural view |  |  | 1 |
| :---: | :---: | :---: | :---: |
| 2. Important preservation districts for groups of historic buildings |  |  | 73 |
| 3. Selected conservation techniques |  |  |  |
| Individuals |  | Groups |  |
| Skills | Practitioners | Skills | Practitioners |
| 46 | 50 | 23 | 24 (22) |

Note: Holder groups may have more than one recognized skill. The actual number of groups is in ().

## Registration

|  | 1. Registered tangible cultural properties (Buildings) |
| :--- | :---: |
|  | 5,443 |
| $\begin{array}{ll}\text { 2. Registered tangible cultural properties } \\ \text { (Fine and applied arts) }\end{array}$ | 4 |
| 3. Registered tangible folklore cultural assets | 3 |
| 4. Registered monument | 3 |

## II-7-4 World Heritage of Japan



[^3]
[^0]:    Note: Without a meal includs snacks, fruits, and tablets like vitamins • minerals.
    Source: Ministry of Health, Labour and Welfare, National Health and Nutrition Survey

[^1]:    Note: Obesity is referred to a person whose BMI is 25 or more

[^2]:    Source: Japan Youth Research Institute, The daily life of High School Students and attitudes toward study

[^3]:    Source: UNESCO World Heritage site summary (Temporary)

